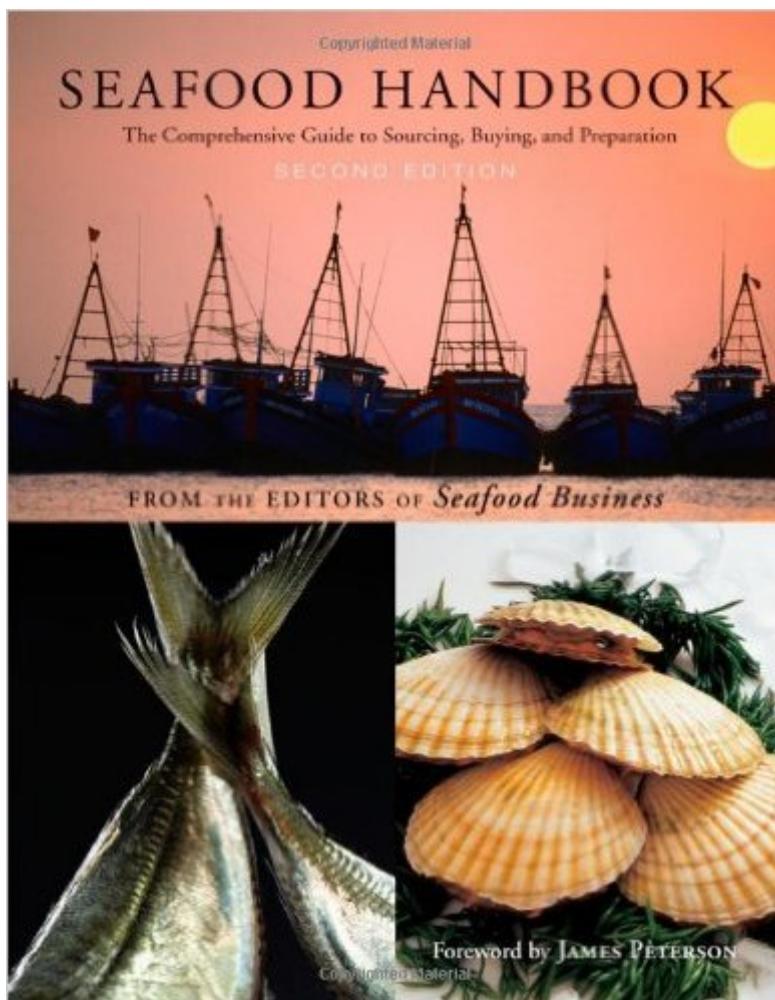


The book was found

Seafood Handbook: The Comprehensive Guide To Sourcing, Buying And Preparation



Synopsis

Updated to include a number of new species not previously featured, Seafood Handbook, Second Edition remains the only professional seafood reference guide. Easy to use and comprehensive, this book covers the sourcing, cooking, nutrition, product forms, names, and global supply information for more than 100 types of finfish and shellfish, with two oversized posters for quick reference. Professionals in the foodservice industry who need to make menu selections or purchase fish, and seafood buyers will benefit from this in-depth guide.

Book Information

Spiral-bound: 288 pages

Publisher: Wiley; 2 edition (March 10, 2009)

Language: English

ISBN-10: 0470404167

ISBN-13: 978-0470404164

Product Dimensions: 8.7 x 0.8 x 11 inches

Shipping Weight: 2 pounds (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 starsÂ See all reviewsÂ (5 customer reviews)

Best Sellers Rank: #616,165 in Books (See Top 100 in Books) #85 inÂ Books > Cookbooks, Food & Wine > Beverages & Wine > Wine & Spirits > Buying Guides #183 inÂ Books > Cookbooks, Food & Wine > Cooking by Ingredient > Fish & Seafood #3970 inÂ Books > Cookbooks, Food & Wine > Cooking Methods

Customer Reviews

The Seafood Handbook has more than 280 pages, all in full-color, shiny stock and spiral-bound. The first few chapters are devoted to issues on sustainability, health and safety, aquaculture, harvesting, distribution, product forms, and preparation. Much of the book is for the profiles of the finfish and shellfish. Each species takes up a two-page spread, which has a large painting of the species, a few descriptive paragraphs, a product profile (flavor, texture, and storage), cooking tips, cooking methods, substitutions, global supply, primary product forms, and nutrition information. The book also comes with two very large posters providing overviews of the species: one for finfish and one for shellfish. The book presents an amazing diversity of seafood -- 210 species in all. Each spread is very easy to read and presents all the pertinent data about the species in a clear and organized fashion, though some info such as market size do not consistently appear for all of them. The nutrition facts (which now include omega-3 fatty acid content), substitutions, and flavor and

texture "scales" are very smart additions and make the book unique and quite interesting to read. It wouldn't be very difficult to breeze through the book and gain quite an impressive knowledge of almost all the seafood varieties offered in the market today. The best part is that the book is remarkably light and easy to handle, and shouldn't be a bother if one wishes to take it on a market excursion. Though the Seafood Handbook is quite impressive in its breadth, it is important to note that the book appears to be geared toward a mostly North American audience.

[Download to continue reading...](#)

Seafood Handbook: The Comprehensive Guide to Sourcing, Buying and Preparation Introduction to Sourcing, Importing & Private Label Branding Products From China For .com Sellers: Building a branded product foundation for your ... to Sourcing From China Book 1) Strategic Sourcing in the New Economy: Harnessing the Potential of Sourcing Business Models for Modern Procurement Nolo's Essential Guide to Buying Your First Home (Nolo's Essential Guidel to Buying Your First House) Real Estate: 25 Best Strategies for Real Estate Investing, Home Buying and Flipping Houses (Real Estate, Real Estate Investing, home buying, flipping houses, ... income, investing, entrepreneurship) Davis's Comprehensive Handbook of Laboratory and Diagnostic Tests With Nursing Implications (Davis's Comprehensive Handbook of Laboratory & Diagnostic Tests With Nursing Implications) Davis's Comprehensive Handbook of Laboratory and Diagnostic Tests With Nursing Implications (Davis's Comprehensive Handbook of Laboratory & Diagnostic Tests W/ Nursing Implications) The Back to Basics Handbook: A Guide to Buying and Working Land, Raising Livestock, Enjoying Your Harvest, Household Skills and Crafts, and More (The Handbook Series) The A-Z of .co.uk FBA: A step-by-step guide to branding, sourcing and selling private-label FBA products on 's UK website Online Sourcing and Outsourcing for and eBay Sellers: How YOU Can Have Inventory Delivered to Your Doorstep Basics Textile Design 01: Sourcing Ideas: Researching Colour, Surface, Structure, Texture and Pattern ONLINE ARBITRAGE: How to Make Money Online From Sourcing and Selling Retail Products On Or Ebay with Online Arbitrage Strategic Global Sourcing Best Practices Spend Analysis: The Window into Strategic Sourcing The Vendor Management Office: Unleashing the Power of Strategic Sourcing Fresh Fish: A Fearless Guide to Grilling, Shucking, Searing, Poaching, and Roasting Seafood Ivar's Seafood Cookbook: The O-fish-al Guide to Cooking the Northwest Catch Broth and Stock from the Nourished Kitchen: Wholesome Master Recipes for Bone, Vegetable, and Seafood Broths and Meals to Make with Them Fish Cookery/Cooking, Cleaning, and Care of over 100 Species of Fish and Seafood The Pescetarian Plan: The Vegetarian + Seafood Way to Lose Weight and Love Your Food

[Dmca](#)